

**COMBINED PROBUS CLUB OF
CASTLE HILL INC.**



NEWSLETTER



VOLUME 21 - ISSUE 204 – JUNE, 2021

**ALL CORRESPONDENCE SHOULD BE ADDRESSED TO:
THE SECRETARY, P.O. BOX 193, CASTLE HILL 1765
Email: enquiries@probuscastlehill.org.au
Website Address: www.castlehillprobus.org.au**

TUESDAY, 15 JUNE, 2021 - GENERAL MEETING

A MESSAGE FROM YOUR PRESIDENT – JUNE, 2021

It is fantastic to see a large number of members getting out and enjoying our planned activities. It is also pleasing to see so many new members coming along. The weather hasn't been kind to the walking group for the last 3 months but we did manage to do the Barangaroo/Garden Island walk in the rain this month.

We have started a section in the newsletter titled "For your diary". This is only to allow you plan for the upcoming events. Expressions of interest and booking cannot be made until the event details are advertised in the newsletter.

The committee has agreed to purchase a defibrillator for use in case of an emergency. The supplier has given the committee a demonstration at this month's committee meeting, but in the case of an emergency it is available for all to use. The committee is also considering training or retraining a number of members in CPR. We will let you know more about this in the coming weeks.

I have also been working on revisions to the Club's website and have presented my proposal to the committee for review and approval before consulting with the web editor Alan Watson for final approval.

Once Alan has the web in hand, I intend to review the format of the newsletter. Neither the revisions to the website or the newsletter will in any way change the content.

Our new Activities Coordinator has been active since his appointment and is considering a new event later in the year once details have been approved by the committee.

Our Treasurer Anne Lockwood has worked tirelessly in an effort to collect members' fees. It's everybody's responsibility to make sure they are financial. I would encourage the few remaining members who have not paid, to do so sooner rather than later, so Anne can concentrate on other pressing matters.

JOHN PERRY, PRESIDENT

COMMITTEE – 2021/2022

<p>PRESIDENT - John Perry</p> <p>VICE PRESIDENT- Aldo Cantori</p> <p>SECRETARY - John Lucas</p> <p>TREASURER - Anne Lockwood</p> <p>IMMEDIATE PAST PRESIDENT - Lyn Wilkes</p> <p>(FOUNDATION PRESIDENT: Robert Stack)</p>	<p>MEMBERSHIP OFFICER - Glenys Pye</p> <p>INTERNATIONAL TOURS and CRUISES – Bob Tubman</p> <p>PROPERTY – VACANT</p> <p>OUTINGS and DAY TOURS - Elizabeth Lessells</p> <p>WEEK AWAY TOURS - Colin Yates</p> <p>ACTIVITIES OFFICER – John Wilkes</p> <p>GUEST SPEAKERS COORDINATOR - VACANT</p> <p>REFRESHMENTS OFFICER – Judy Pitcher</p> <p>SPECIAL EVENTS and PUBLIC OFFICER John Michell</p>
<p>NON COMMITTEE:</p> <p>NEWSLETTER EDITOR – Annette Watson</p> <p>WEBSITE EDITOR - Alan Watson</p>	<p>NON COMMITTEE:</p> <p>PHOTOGRAPHER/HISTORIAN - Ron Canfield</p> <p>WELFARE OFFICER – Anne Gover</p>

MEMBERSHIP FEES DUE

Membership fees are now due. Please pay by **30 JUNE**. Current members have a reduced membership of **\$20** for the 2021 year only. Please pay direct into the Probus account and use your family name as the reference or pay the Treasurer, Anne Lockwood, at the General Meeting. Should you not pay by this date you will be considered unfinancial and required to pay a full joining fee and membership if you wish to rejoin.

It would be appreciated if you contact the Secretary, John Lucas, if you are not renewing your membership.

LUNCH FOLLOWING GENERAL MEETING

We will be having lunch after the meeting at the **West Pennant Hills Sports Club**. They have a set space for us, but you **MUST** indicate your attendance when you sign in at the General Meeting.

CORONAVIRUS PRECAUTIONS

- You are advised to stay at home if you feel unwell or have flu-like symptoms or if you've been in close contact with someone with coronavirus.
- Always abide by social distancing guidelines.
- Wash your hands frequently with soap and water or use hand sanitiser.

For the latest update on COVID restrictions just google [NSW COVID 19 Virus hotspots](#) or click onto the link below and check what **you can and can't do under the restrictions**.

<https://www.nsw.gov.au/covid-19/latest-news-and-updates>

WELFARE

We still have a few members recovering from health issues but most are well on the way to recovery. We do have some members who are dealing with ongoing health issues and I send them our good wishes. The cooler weather is with us and it is sometimes hard to keep up our activities, but definitely well worth the effort to keep exercising and socialising.

If you know of anyone who would like a cheerio call please let me know, Anne Gover.

ATTENDANCE

Please advise our Membership Officer, Glenys Pye, if you are unable to attend any particular General meeting.

An apology **DOES NOT** reduce the number of meetings required to achieve a 50% attendance record. Please advise our secretary, John Lucas, in writing/email if you require Leave of Absence for one or more General Meetings.

Please note: A Leave of Absence request must be received by the Management Committee prior to its meeting on the 1st Tuesday of the month. When approved, it reduces your

maximum required attendance for the year. It is a constitutional requirement that all members maintain a minimum ratio of 50% attendance. In simple terms if you apologize for, or fail to attend 7 meetings each year your membership will be terminated.

MEET AND GREET GROUP

Established at the March Committee meeting under the management of former VP Barry Haywood. The intention of this group is to welcome new members at our General Meetings and introduce them to conveners and members with 'like activity interests' during the morning tea/coffee. Helpers required, so please speak with Barry Haywood.

SPECIAL EVENTS

CHRISTMAS IN JULY - TUESDAY, 27 July 2021

Waterview Restaurant, 199 Bay Road, Berowra Waters

Please register at the floktu address. Payment of \$55pp is into the Club's bank account. Please use your family name as the reference.

FOR YOUR DIARY – no bookings being taken yet.

22 September, 2021 – Crazy Whist

20 October, 2021 – Trivia Night

30 November, 2021 - Christmas Function - The Epping Club.

GUEST SPEAKER - *Coordinator Position Vacant*

JUNE GUEST SPEAKER

Greg deMoore will be our guest speaker for the June meeting. He has featured on ABC Conversations. He has written a book about one of Australia's most important sportsman – Tim Wills. He will have copies of his book for purchase at the meeting. The host is Aldo Cantori.



TLC

The Lunch Club

Our July lunch will be at

Enzos Cucina

Unit 2, 285 New Line Rd. Dural

Parking and ramp entry at rear

On **8 July 2021** at **12pm for 12.30pm**

You will have **two choices** from a set menu consisting of an Entrée, Main and Dessert including an alcoholic or soft drink of choice.

Cost is \$45 to be paid into the Probus account.

For the Entrée you have a choice of: BBQ Octopus, Sizzling Haloumi, Salt & Pepper Calamari, Arancini Bomba, Antipasto or a Ricotta Fritti.

Selections for the Mains are: Veal Funghi, Chicken Limone, Linguine Boscaiola, Ricotta Gamberi, Spaghetti Aglio Olio or a Lasagne.

Dessert choices are: Sticky Date Pudding, Sicilian Cheesecake, Nutella Brownie. Gelato (Chocolate or Hazelnut).

Registration must be made by Floktu
and pay by direct debit to the Clubs bank account

Please ensure you include code TLC and Surname on the deposit.

Final date for payment 2 July 2021

Further information contact Anne Perry, coordinator

ACTIVITY GROUPS

These groups are established for your enjoyment. It's a great way to meet new people and make new friends. Our Convenors are always very willing and happy to welcome new members. So do try to get involved when the restrictions are lifted.

BOOK EXCHANGE	Roger Atack	Ross Long	Open
BOOK READING GROUP	Barbara Primrose	Kerri Pratt	28 JUNE
BOWLS GROUP	Robert Cochrane		11 JUNE, 25 JUNE 9 JULY
CARAVANS AND CABINS	POSITION VACANT		25-29 OCTOBER
CRAFT GROUP	Carole Rock		1 JULY
FISHING GROUP	Bob Tubman		13 JULY 9-13 AUGUST
GARDENING GROUP	Harry Koller		19 AUGUST
GENEALOGY GROUP	John Wilkes		9 JUNE 14 JULY
GOLF GROUP	Nigel Nield		
LADIES COFFEE AND CHAT GROUP	Anne Gover		25 JUNE
MOVIE GROUP	Ellen Heyes	Sue Donnelly	8 JUNE
SAPPS DINING OUT	John Michell		
TAI CHI GROUP	John Lucas		28 JUNE
TENNIS GROUP	Harry Koller		Every Wednesday
THE LUNCH CLUB (TLC)	Anne Perry		8 JULY
THEATRE PARTIES	Margaret Butfield	Carol Kelly	Various
WALKING GROUP	Aldo and Karon Cantori		18 JUNE
WINE AND CHEESE GROUP	Julie Savage		2 JULY

BOOK READING GROUP – MONDAY, 28 JUNE, 2021 AT 2.00 pm-4.00 pm

The book reading group will meet at the Cosy Nook Café, Shop 1, Ward Place, Round Corner, Dural. We will be discussing "American Dirt" by Jeanine Cummins. Group members will be advised of further details by email.

We are a small but an enthusiastic group and other Club members are always welcome to join us.

Barbara Primrose

BOWLS GROUP – FRIDAYS, 25 JUNE AND 9 JULY, 2021 - 9.00 AM

The next games will be 25 June and 9 July. Please have your names in by 9.00 am at the Castle Hill Bowling Club. New bowlers are always welcome and free coaching and bowls are available for you to try the game first.

Robert Cochrane – Convener.

CARAVANS AND CABINS – 25-29 OCTOBER 2021

The Groups next week away will be in comfortable Cabin accommodation at The Blackheath Tourist Park, Prince Edward Street, Blackheath from Monday, 25 to Friday 29 October.

Blackheath is the centre of the Blue Mountains Rhododendron festival at this time of the year and will offer some magnificent scenery and colour. An easy 90 minute drive from Castle Hill at the top end of the Blue Mountains Blackheath and surrounding townships provides easy access to so outstanding mountain scenery, popular walks, scenic drives, good eating establishments and places of interest.

In addition to Blackheath, the towns of Leura, Katoomba, Wentworth Falls and Mount Victoria will help to keep our ladies entertained with some excellent shopping and maybe high tea at the Hydro Majestic if time permits to round out our stay.

If you are not already a member of our Club's Cabin and Caravan tour group, then get involved, we have some great trips planned. Contact - Alan Jones

A group activity convener is still required – please offer your services.

CRAFT GROUP –THURSDAY, 1 JULY, 2021

The craft group meets once a month on the first Thursday at one of our members' home and for details phone Carole Rock. New members are most welcome.

FISHING GROUP – TUESDAY, 13 JULY, 2021 and 9-13 AUGUST, 2021

The Probus Fishing Group endeavour to catch a variety of fish using our expertise and knowledge on the second Tuesday of each month.

A fishing trip to Patonga is planned for 13 July followed by a light lunch at the Patonga Pub.

For August we are planning a 5 day/4 night trip to Forster (Monday, 9 August to Friday, 13 August) where we plan to stay in beach front accommodation with activities planned for the ladies. Other Probus Members are encouraged to join our group for this trip – please contact the convenor.

We always look forward to and welcome new participants. Contact Bob Tubman

GARDENING GROUP –THURSDAY, 19 AUGUST, 2021

The Garden Group Meeting at Kollers' home last Thursday was enjoyed by 26 attendees, and besides a slide show and tell of our Garden Group History since 2014, and displays of Koller's Garden developments, everyone enjoyed pleasant chats over tea/coffee and cakes provided by Margaret and several of the ladies attending.

The next Garden Group Meeting will be hosted by Jill and Les Dyball on **Thursday, 19 August** in their home, which was changed from previous date of 26 August due to the Dyballs having to prepare for a business function that weekend.

Note: The Garden Club Christmas party date has also been changed to **Thursday, 2 December** from 25 November due to a conflicting pre-booked activity.

Harry and Margaret Koller.

GENEALOGY GROUP – WEDNESDAY, 9 JUNE, 2021

Fourteen Gene members visited the Masonic Homes and the Hills District Historical Society at Balcombe Heights thanks to Anne Lockwood and tour guide, Pam Wilson.

In June, we will be joined by guest speaker: Fiona Sullivan from the State Archives with an 'on-line' presentation and talk on "Dating your Photographs". Meeting on **Wednesday, 9 June** at the Crestwood Community Centre, Baulkham Hills from 1:00 pm. Please register your attendance.

Our planned excursion to Elizabeth Bay House on Wednesday, 14 July is doubtful due to Covid-19 extended closures of many public and trust homes. We shall inform members closer to the date of arrangements.

We seek the services of a Programme Co-ordinator following the stepping down of Anne Lockwood in May. Members are asked to come forward to support the Genealogy team. Need to know more about family history and how to build your 'family tree'.

Contact:- John Wilkes, Convenor - Administration.

GOLF GROUP - No activity planned for JUNE.

The golf group now has a convener with Nigel Nield taking up the responsibilities of organising activities. Contact to be made with golfers over the next 2 to 4 weeks.

A regular number of 6 to 9 golfers have enjoyed playing a round of 18 holes each month on local courses.

Please contact Nigel Nield by phone.

LADIES COFFEE AND CHAT GROUP – FRIDAY, 25 JUNE, 2021

We meet on the last Friday of the month at 10.00 am to 11.30 am at the WILLS CAFÉ, Anglican Retirement Village, Broughton Ave, Castle Hill. There is underground parking and a lift to the Café.

Enquires to Anne Gover

MOVIE GROUP –TUESDAY, 8 JUNE, 2021

This month the movie group saw "June Again". It was chosen as the trailers presented it as a light hearted comic movie where Noni Hazelhurst escapes from an aged care facility. Whilst most people enjoyed the movie, it was confronting as it again dealt with dementia and heartfelt moments where June has a reprieve from her illness and sets about trying to unsuccessfully "fix her family". Lunch afterwards, as always at Cosmo, was enjoyed by all.

If you would like to join the movie group please email Ellen or Sue.

TAI CHI FOR SENIORS – MONDAY, 28 JUNE, 2021

Taichi classes will resume on Monday, 28 June, 2021 after a short recess. The classes will run each Monday for 8 weeks concluding on 16 August. Classes are held at the DURAL MEMORIAL HALL, OLD NORTHERN ROAD, DURAL.

Taichi is a gentle exercise aimed at improving balance and flexibility. Classes are conducted by a highly qualified instructor and are specifically designed for people from 60 to 100 years old!!! Previous experience is not needed and new members are welcome to join. The cost of the 8 week session is \$100 and includes instructor's fees and hall hire.

Payment needs to be made by 14 June 2021. Please contact John Lucas should you require further details.

TENNIS GROUP

Unfortunately the tennis group convenor has broken an ankle bone (during rugged bush climbing, not tennis) but continues to convene the group in a non-playing capacity.

Sadly, the wife of one of our long-term regular players is very ill, therefore he will not attend tennis in the foreseeable future. On the positive side, our Ross Long is now mostly free of grandparent duties on Wednesday evenings, and in good health, playing good tennis.

Fortunately, in spite of some of the problems mentioned, about 12 players from 3 Probus clubs turn up for tennis every Wednesday evening.

Contact: Harry Koller, Tennis Convenor

THEATRE GROUP

Live theatre is slowly coming back to life after a year of lockdowns. Theatre activities are:-

ENSEMBLE Theatre – at Kirribilli. **‘THE WOMAN IN BLACK’**. This is a classic ghost story. Thursday, 15 July 2021 at 11.00 am and thank you to those who have paid the deposit. Please pay the balance of \$58 before the June meeting. The price in the April newsletter was incorrect and should have been \$72.

New play **‘KILLING KATIE’ – Confessions of a Book Club**. This play will be **24 August** and expressions of interest will be taken in May and deposits in June.

CAPITAL Theatre – CBD, Sydney. **‘COME FROM AWAY’**. Seats are booked for **Wednesday, 21 July 2021 for 1.00 pm session**. Please let me know if you want your name taken from the list or placed on a Reserve List. Cost per ticket \$122 with full payment **before the July** meeting. Margaret Butfield

WALKING GROUP – FRIDAY, 18 JUNE, 2021 – 9.45 AM

Rouse Hill and Caddies Creek.

Our June walk will be through the Rouse Hill area and along Smalls Creek and Caddies Creek. We will set off from the Rouse Hill Town Centre and head towards Bruce Purser Oval, past the Our Lady of the Angels church and then we'll follow Smalls Creek until it joins with Caddies Creek. After a short break at Caddies Creek weir we'll cross Caddies Creek Park and return to our starting point. Lunch will be at The Local Shed Café. This is an easy mostly paved walk but at 5.5 km it's a little longer than other recent walks.

Here are the details:

- Meeting point: the cul-de-sac at the end of White Hart Drive (near the intersection with Caddies Boulevard).
- Meeting time: 10.00am.
- Parking: if you plan to drive we recommend the Rouse Hill Shopping Centre carpark. Note that only the first 3 hours are free however seniors who have pre-registered their parking on-line will get 5 hours for free (details are available on the Rouse Hill Town Centre website, here's the link <https://www.rhtc.com.au/centre-info/centre-services-en/ticketless-parking>).
- Lunch: The Local Shed Café, 16 Bellcast Rd, Rouse Hill.
-

Your leader for this walk will be Chris Savage. Please register for this walk by contacting Chris or by signing the attendance form at the June general meeting. An indication as to whether you intend to join us for lunch would be appreciated for reservation purposes.

Note : A volunteer is required to plan and lead our July walk.

WINE AND CHEESE – 2 JULY, 2021

Our hosts for the July evening are Aldo and Karon Cantori. The in-house venue supports a limit of 25 guests on this occasion.

Please register by Phone, Text or Email for inclusion to the convenor **Julie Savage**

Please ensure you have paid your \$5 to the Probus Account 2 weeks before the event.

Please bring your bottle of wine or wines and a glass with you on the night.

DAY TOURS

Make payments by DIRECT DEBIT to the club's bank account, please put your family name and tour as the reference.

Register through Floktu and pay by Direct Debit. (Preferred option)

Other payment options:

1. Electronic deposit into the account using family name and tour name.
2. Personally pay into the account at CTB using family name and tour name.
3. Post a cheque to PO Box 193 Castle Hill 1765

You have two alternatives re booking and paying for Day Tours:

- Book through floktu (and pay by Direct Debit to the club account.)
- Email Elizabeth Lessells and I will add you to the list. You can then pay the club through Direct Debit

JUNE

Tour: Nan Tien Temple and Wollongong

Date: Tuesday, 29 June, 2021

Time: 7:45 am for an 8:00 am departure

Cost: \$65 (Please refer below to see what this covers.)

Meeting Place: Fred Caterson Reserve. Turn into Caterson Drive from Gilbert Road. Turn right at the next intersection and follow the road to the huge car park at the top of Hill.

“Following morning tea at Sublime Point with its panoramic views, we continue south to Berkeley for a tour of the amazing Nan Tien Buddhist Temple. Our guided tour will explain some of the principles of the religion as well as the shrines and pagoda that make up Nan Tien. Whether or not you choose to follow the path to enlightenment you will be impressed with the striking architecture and fine craftsmanship of the Temple built at a cost of over \$30 million from donations from the Buddhist community within Australia and Taiwan. Set on over 50 acres, the temple also boasts lovely gardens and accommodation for weekend workshops in Buddhist studies, Chinese language, Tai Chi, vegetarian cooking and many other courses.

Lunch will be a selection of healthy vegetarian foods. Choose from three dishes and rice. Based on traditional and modern recipes, all meals are prepared in the famous kitchen of Nan Tien Temple by the experienced chefs.

After lunch we will have the opportunity to try our hand at the flowing motions of Tai Chi. This Chinese martial art is practiced not only for its defense training, but also its health benefits and meditation.

Upon leaving the temple, we will have a brief tour of the Wollongong district and its beautiful beaches and harbour. Our return home will be via the Seacliff Bridge and Illawarra Coast Road.

Cost per person is \$65.00 which includes coach transport, morning tea, lunch, admission to temple and Tai Chi Lesson. Departs at 8.00 am and returns at approximately 5.30 pm.” Register at floktu. Please pay by 21 June

JULY

Tour: Norman Lindsay Gallery
Meeting Place: 14 Norman Lindsay Cres, Faulconbridge (Please car pool.)
Date: Friday, 16 July, 2021
Time: 10:45am for an 11:00 tour
Cost: \$15

(Lunch space has been booked in the adjacent café. This will be at your own expense. We will be pre-ordering lunch. The menu will be available next month)
Register a floktu. Please pay by Friday, 9 July

FOR YOUR DIARY: VIVID – MONDAY, 23 AUGUST, 2021

NOVEMBER

Tour: Melbourne Cup Luncheon
Time: To be confirmed
Meeting Place: The Fiddler, Windsor Road Rouse Hill
Date: Tuesday, 2 November
Cost: \$69



“A great day is planned at The Fiddler for Probus Groups on Tuesday, 2 November in The Greenway Room, so get in quick to secure your place. The package at \$69 per person includes: - 2 course plated luncheon, 3 hour beverage package, live action on the big screen, entertainment and prizes. Betting facilities on site.”

I was able to secure the last 40 places for this event. I know that November seems a long way away but I suggest that if you are interested you book early, for it will be extremely popular. Register at floktu.

WEEK AWAY TOURS

RED CENTRE – 16 to 22 June 2021 – 7 DAYS/6 NIGHTS - Fully subscribed.

Pick up time at Castle Pines is 7.00 am. Parking only 2 spots available, taken by Bob Tubman and John Lucas (Wendy Oughton).

COFF’S HARBOUR - 31 August to-5 September 2021

OnCourse looking after the trip. Will definitely go ahead.

BROKEN HILL – 18-26 May, 2022

OnCourse - Pick Up at Castle Pines, Stay at 4 motels, Visit Western Plains Zoo at Dubbo
Cost \$2450 single supplement tba.

INTERNATIONAL TOURS

NEW ZEALAND

As New Zealand has now opened their borders to Australian travellers, I am now seeking expressions of interest for participants of a nine day trip of the South Island for around \$3,050 or a 13 day trip of both Islands for around \$6100.

The Pacific Islands may open up later this year and present opportunities for other tours. If interested please contact Bob Tubman.

NEXT GENERAL MEETING - TUESDAY, 20 JULY, 2021

COMBINED CASTLE HILL PROBUS CLUB CALENDAR 2021



June 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 COMMITTEE MEETING	2 TENNIS GROUP	3 Mabo Day (Indigenous Australians) CRAFT GROUP	4 WINE and CHEESE CANCELLED	5 World Environment Day	6 Queensland Day (QLD)
7 Western Australia Day (WA)	8 FISHING GROUP MOVIE GROUP	9 TENNIS GROUP GENEALOGY	10 TLC LUNCH	11 BOWLS GROUP	12	13
14 Queen's Birthday	15 PROBUS GENERAL MEETING	16 TENNIS GROUP	17	18 WALKING GROUP	19	20 World Refugee Day
21	22	23 TENNIS GROUP	24	25 LADIES COFFEE AND CHAT GROUP BOWLS	26	27
28 BOOK READING GROUP	29 DAY TOUR NAN TIEN TEMPLE AND WOLLONGONG	30 TENNIS GROUP	NORFOLK ISLAND TOUR – Monday, 31 May to Monday, 7 June RED CENTRE TOUR – Wednesday, 16 June to Tuesday, 22 June 2021. School vacation – Monday 28 June to Friday 9 July.			

COMBINED CASTLE HILL PROBUS CLUB CALENDAR 2021



July 2021						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 CRAFT GROUP	2 WINE and CHEESE	3	4
5	6 COMMITTEE MEETING	7 TENNIS GROUP	8 TLC LUNCH	9 BOWLS GROUP	10	11 World Population Day
12	13 FISHING GROUP MOVIE GROUP	14 TENNIS GROUP GENEALOGY GROUP	15 THEATRE GROUP – THE WOMAN IN BLACK	16 DAY TOURS - NORMAN LINDSAY GALLERY	17	18
19	20 PROBUS GENERAL MEETING	21 TENNIS GROUP THEATRE GROUP - COME FROM AWAY	22	23 WALKING GROUP BOWLS GROUP	24	25
26 BOOK READING GROUP	27	28 TENNIS GROUP	29	30 LADIES COFFEE AND CHAT GROUP	31 Nat'l. Tree Day	