



COMBINED PROBUS CLUB OF CASTLE HILL INC

NEWSLETTER

VOLUME 22 - ISSUE 222 – NOVEMBER 2022

Website Address: www.castlehillprobus.org.au Enquiries: enquiries@probuscastlehill.org.au

Monthly Meeting: 3rd Tuesday of the month at 10 am

Cherrybrook Community and Cultural Centre,

31 Shepherds Lane, Cherrybrook – off Shepherds Drive, Cherrybrook

GENERAL MEETING – TUESDAY 15 NOVEMBER 2022 AT 10.00 AM

A MESSAGE FROM YOUR PRESIDENT – NOVEMBER 2022

Not having been a member of Probus for anywhere near as long as most members, I recently decided to do a little research on the background of Probus. In doing so I learned that “Probus” is an abbreviation of the words “Pro” for professional and “Bus” for business.

Adopting the words used by a fellow Probus Club,

“The primary purpose of Probus is to stimulate thought, interest and participation in activities at a time of life when it is easy to become complacent and self-centred. A Probus Club is not a Service Club, but rather an organisation in which members give generously of their time in voluntary service to provide fellowship between members who are compatible with each other and to provide the opportunities for the development of friendships and acquaintances.”

Karon and I have certainly got a lot out of our first few years of membership and we’ve certainly made a lot of new friends who have interests similar to our own. We’ve also gained much enjoyment from participating in numerous activities made available by the club.

As I announced at the October General Meeting, Peter Wolnizer has recently stepped into the position of Vice President. This is truly wonderful news. I welcome Peter to the management committee and I very much look forward to working with him. Please take the time to introduce yourself to Peter when the opportunity arises.

At the back of this month’s newsletter, you will find a nomination form for leadership roles in the club. A number of our activity convenors and co-ordinators have indicated that, having served for a few years, they intend to stand down. We therefore need a few members to fill these vacant roles, so please consider submitting a nomination form. If anyone would like more information about any particular role, please feel free to contact Aldo or the relevant activity convenor.

This month we SPOTLIGHT former President John Purkis and our Newsletter Editor Annette Watson. I thank John and Annette for their enthusiastic participation.

ALDO CANTORI, PRESIDENT

POSITIONS VACANT

So that we can continue to run these groups, we urgently require members to take over the running of the following groups. If you're interested in taking on one of these positions, please contact Aldo Cantori.

THEATRE GROUP INTERNATIONAL TOURS

WELFARE

It has been a very sad month for our Probus Members. We have lost two of our Foundation Members, Barbara Primrose and Malcolm Robson. Barbara and Malcolm were very much liked, respected and contributed greatly to our Probus Club. We will miss Barbara and Malcolm and will always remember them. We send our sincere condolences to their families.

It is important as Members of Probus that we care for the welfare of one another. If anyone knows about an illness or bereavement affecting any of our Members, would they please contact the Welfare Officer.

All information given to the Welfare Officer will be kept confidential.

We do have some members who have significant health issues and have been hospitalised or are receiving ongoing treatment.

We are thinking of these members and send them our best wishes and hope to have them back with us soon

If you know of any member who would like a Cheerio please contact Anne Gover.

ATTENDANCE

Please advise our Membership Officer, Glenys Pye, if you are unable to attend any particular General Meeting.

An apology **DOES NOT** reduce the number of meetings required to achieve a 50% attendance record.

LEAVE OF ABSENCE – The Committee meets the first Tuesday of the month for approvals of all Leave of Absence. Leave of Absence to be received in writing by email or post by the first Tuesday of the month.

Please advise our Secretary, Bev Rooney, by email if you require **LEAVE OF ABSENCE** for one or more General Monthly Meetings.

**ALL CORRESPONDENCE SHOULD BE ADDRESSED TO:
THE SECRETARY, P.O. BOX 193, CASTLE HILL 1765**

GUEST SPEAKER – NOVEMBER AND DECEMBER 2022

NOVEMBER – Guest speaker - Matt Murphy full time Fire-fighter and part time Historian.

DECEMBER – Guest speakers - Noeleen and David Neideck – talented musicians.

COMMITTEE – 2022/2023

PRESIDENT- Aldo Cantori

MEMBERSHIP OFFICER – Glenys Pye

VICE PRESIDENT – Peter Wolnizer

OUTINGS and DAY TOURS – Elizabeth Lessells

SECRETARY – Bev Rooney

WEEK AWAY TOURS – Colin Yates

TREASURER – Anne Lockwood

INTERNATIONAL TOURS and CRUISES
POSITION VACANT

IMMEDIATE PAST PRESIDENT – John Perry

ACTIVITIES OFFICER – Chris Savage

SPECIAL EVENTS and PUBLIC OFFICER
John Michell

GUEST SPEAKERS COORDINATOR – Barry Haywood

(FOUNDATION PRESIDENT: Robert Stack)

PROPERTY – John Perry

OTHER KEY CONTACTS:

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NEWSLETTER EDITOR – Annette Watson

PHOTOGRAPHER/HISTORIAN – Ron Canfield

WEBSITE EDITOR – Alan Watson

WELFARE OFFICER – Anne Gover

REFRESHMENT OFFICERS
Maryann and Richard Vella

CHRISTMAS TOY DRIVE NOVEMBER

GOOD NEWS EVERYONE WE ARE ABLE TO DO OUR ANNUAL TOY COLLECTION FOR THE SALVATION ARMY.

Please DO NOT wrap your gift as they need to be able to see what it is so it can be identified and allocated to the right age and gender. NEW TOYS ONLY

Please bring the toys to the NOVEMBER meeting.

Thank you everyone in advance for your generosity. If you have any queries please phone Jenny Wilson.



FOR YOUR DIARY

1. The table below is a 3-month look ahead
2. Refer to relevant section of newsletter for details of each event

DATE	EVENT	CONTACT
15 November	Toy Collection	Jenny Wilson
29 November	Club Christmas Party at The Epping Club \$70	John Michell
30 November	Gardening Group Christmas Party – Crestwood Community Centre – Cost \$5	Annette Watson
4-5 December	Hunter Valley Lights \$495 + single \$75	Elizabeth Lessells
8 December	TLC – Billy The Greek Cost - \$55	Anne Perry
10 January 2023	Breakfast in the Park \$5	John Michell

*****Please make sure you sign on for all events, as this will mean that you are covered by Probus Insurance**



PROBUS CHRISTMAS PARTY @Epping

Tuesday 29 November, 2022 - 12 noon for 12.30 pm

COST \$70 – Epping RSL Club

Pay by direct credit to the Club's bank account
Please ensure you include your family name as a reference.

Deadline: 16 November 2022

Further information please contact John Michell



The Lunch Club

Billy The Greek

2/506 Galston Rd, Galston 8 December 2022 at 12pm

Cost is \$55, BYO (wine only), NO CORKAGE

We will enjoy a generous Greek Banquet where the food is always fresh and tasty with generous servings.

Registration must be made by Floktu.

Please pay into the Clubs bank account

Please ensure you include code TLC and Surname on the deposit.

Final date for payment 2 December 2022

Further information contact Anne Perry, coordinator

CLUB PHOTOS

As a follow up from Elizabeth's help with photos from the La Perouse, Bare Island excursion, if members wish to include any photos that they have taken over the years of their membership while participating in any club activities, can they please forward them to Ron Canfield so he can process them and put them in the historical archives of the club as permanent reminders as the years roll on.

The photos can be on USB or actual prints, which Ron can then scan to digitise them before returning to the original owners. I will need to know the details of the events which will need locations, dates, and any other information you want to be included. Once again, all property will be returned to members.

Thanks for your participation.

Ron Canfield (Photographer Historian) email or phone

SPECIAL EVENTS

10 JANUARY 2023 BREAKFAST IN THE PARK – 8.30 AM

Location Rouse Hill Regional Park (On the crest of the hill in the shelters.)
Go along Windsor Road until you pass The Fiddler
Turn left into Rouse Road and then right into Worcester Road.

Requirements Tablecloth, cutlery, tea/coffee, sugar, milk, plates and cups
(OPTIONAL – you may wish to bring a fold up chair)



Registration closes 3 January 2023

Please register by FLOKTU

Payment of \$5 pp is to be made into the club's bank account by 31 December
(Please put your family name and reference).

Further information please contact John Michell.

ACTIVITY GROUPS – These groups are established for your enjoyment. It’s a great way to meet new people and make new friends. Our Convenors are always very willing and happy to welcome new members. These dates are correct at time of printing.

GROUP	MAIN CONTACT	UPCOMING DATES
250 CLUB (\$2.50 OPAL CARD)	Glenys Pye	24 November
BOOK EXCHANGE	Viv Wilson	Every General Meeting
BOOK CLUB	Karin Regel	28 November
BOWLS GROUP	Robert Cochrane	25 November 9 December
CABIN & CARAVAN CLUB	Sue Donnelly	2023
CRAFT GROUP	Carole Rock	1 December
FISHING GROUP	Brian Simpson	8 November
FOOTY TIPPING COMPETITION	Neil Gover	March 2023
GARDENING GROUP	Harry Koller	30 November
GOLF GROUP	Nigel Nield	7 November
HERITAGE AND HISTORY GROUP	John Wilkes	9 November
LADIES COFFEE & CHAT GROUP	Anne Gover	25 November
MEN’S CHAT GROUP	John Lucas	Resumes February 2023
MOVIES	Ellen Heyes Sue Donnelly	8 November
ONLINE TRIVIA QUIZ	Helen Stafford-Osborne	11 November 25 November
SAPPS DINING	John Michell	TBA
TAI CHI	John Lucas	Monday morning until 21 Nov.
TENNIS GROUP	Harry Koller	Every Wednesday night
THE LUNCH CLUB (TLC)	Anne Perry	8 December
THEATRE GROUP	POSITION VACANT	

WALKING GROUP	Viv Wilson	18 November
WINE & CHEESE	Julie Savage	4 November then 2023

DEFIBRILLATOR

The club's defibrillator is available for major outings and events. Convenors and coordinators can book the defibrillator by contacting Bev Rooney bev_rooney@hotmail.com with details of the event, dates, duration etc.

YouTube demonstration on the use of our defibrillator: <https://youtu.be/xouPVQggrSk>



\$2.50 CLUB (OPAL CARD) – THURSDAY 24 NOVEMBER 2022

This month we are going to Ettalong Beach, Central Coast, meeting at Epping Station platform 3 to catch 9.40 am train to Woy Woy, where we catch the bus to Ettalong Beach Wharf. We will take a 15-20 minute flat walk around the beach to Ettalong Diggers for lunch. Those that do not want to do the walk can get off the bus at an earlier stop.



Contact Glenys Pye

BOOK CLUB – MONDAY 28 NOVEMBER 2022 AT 2.00 PM



The Book Club meets on the last Monday of the month at 2.00 pm to 4.00 pm. Our October meeting was held on 31 October at Karin Regel's home. We discussed 'Beloved' by Hannah Kent. General comment was that it should have been "Obsession". It contained some fascinating history of the Lutherans who settled in the Barossa Valley.

In November, our book will be "A Room made of Leaves" by Kate Grenville. An interesting insight into Elizabeth Macarthur. We are a lively group and visitors are always welcome. Please join us. Just call Karin.

Contact Karin Regel

BOWLS GROUP – FRIDAYS 25 NOVEMBER AND 9 DECEMBER 2022 AT 9.00 AM

The next lawn bowls will be 25 November and 9 December, the last one for 2022! Please have names in by 9.00 am at Castle Hill Bowling Club. New bowlers are most welcome and bowls are available to try the game first with free lessons and coaching.



Contact Robert Cochrane

CABIN AND CARAVAN CLUB – 2023



Come join us on our next adventure in 2023. NEW MEMBERS ARE ALWAYS WELCOME

Contact Sue Donnelly

CRAFT GROUP – 1 DECEMBER 2022

The craft group will meet once a month on the first Thursday at one of our member's homes. For details phone Carole Rock



FISHING GROUP – 8 NOVEMBER 2022

The next fishing group activity is planned for Tuesday 8 November 2022. Departing from Berowra Waters Marina at about 9.00 am. A vessel will be selected based on the number of participants. The range starts at \$120 for 4hrs for 5 persons to \$350 for 4hrs for 10 persons.



Fishing will be followed by lunch at The Galston Club. Would those persons wishing to attend please contact me by Saturday 5 November so that bookings can be made.

The Fishing Group will be in recess during December.

Contact Brian Simpson

GARDENING GROUP – WEDNESDAY, 30 NOVEMBER, 2022 11AM-4PM



Unfortunately the Kollers have had to cancel the Christmas Lunch at their home on Wednesday, 30 November, due to Harry's ill health. Annette Watson has volunteered to organise an alternative venue for the Christmas Party, any queries should be directed to her. This alternative would seem to be the ideal solution for a fitting end of year celebration. The Kollers are having a leave of absence of 6 months from the Garden Club.

GARDENING GROUP CHRISTMAS PARTY

FOR CATERING PURPOSES - ANNE PERRY HAS A SUGGESTED MENU PREVIOUSLY EMAILED TO THE GARDENING GROUP MEMBERS.

WE ASK EVERYONE ATTENDING TO PLEASE BRING A PLATE OF FOOD TO SHARE AND EMAIL ANNE WHAT YOU ARE BRINGING.

VENUE: Crestwood Community Centre, Conway Court and Crestwood Drive, Baulkham Hills.
DATE AND TIME: Wednesday, 30 November 2022 - 11am-4pm
COST: \$5 PER PERSON - **this cost is to offset the cost of the hire of the hall.**

Please register using the FLOKTU

Make payment of \$5 per person by DIRECT CREDIT

(Please put your family name and GARDEN PARTY as the reference.)

Please pay by credit card to the Club's bank account or pay cash to Anne Lockwood at the next Probus Club meeting.

DRINK - The Community Centre is an **alcohol free zone**. However, Annette will be making non-alcoholic Summer Fruit Punch, there will also be water, tea and coffee available. Please bring Soft Drink or Juice if you prefer. We will provide plates, cutlery, cups, tumblers for punch, serviettes.

Contact - If you have any queries please contact Annette Watson
Food - Anne Perry

GOLF GROUP – MONDAY 7 NOVEMBER 2022



Confirmation of attendance and the need for a cart is required 1 week in advance of the golf day, in order to confirm the booking with club.

The October game was cancelled, as the course was closed due to water.

Next game to be held on Monday 7 November at Fox Hills, with tee time of 8.30 am.

Please contact Nigel Nield by phone or text or email to confirm attendance 1 week prior. New players are always welcome.

HERITAGE AND HISTORY GROUP – WEDNESDAY 9 NOVEMBER 2022 – CHRISTMAS LUNCH

Members attending the last meeting for the year were entertained by guest speaker Jan Brady who presented a host of characters with worthy stories and who should be considered for the history books.



Our **Christmas Lunch** is at 'Trevi Lakeside' Restaurant on Wednesday, **9 November** being a 2 course meal + glass wine+ coffee or tea at cost \$40.00. Reservations are through FLOKTU and the closing date for registrations is 2 November with the payment of \$40.00 to the Club's CBA bank account. Seats are still available so don't miss out.

Favourable Interest from new members continues and we hope to see an influx of new people to take this inaugural club activity forward in 2023.

The 2023 year for H&H members will commence with a 'planning meeting' on Wednesday 8 February and we encourage all members to participate and become involved assisting the new Convener and Events Co-ordinator to deliver new avenues to explore with a focus on family heritage and history for the enjoyment of members. Should members wish to include a 'Show and Tell' segment at this February meeting surrounding their family history, please contact the outgoing Convener.

Contact John Wilkes

LADIES COFFEE AND CHAT GROUP – FRIDAY 25 NOVEMBER 2022 – 10.30 AM



We meet at Baulkham Hills Sports Club, Renown Road, Baulkham Hills on the last Friday of the month at 10.30 am. We enjoy each other's company over a coffee, tea, or soft drink and usually with cake. This is an excellent opportunity to meet up with friends and make new friends, especially if you are a new member to Probus. Anne sends out a reminder email after each monthly Probus Meeting. Stay well and Stay Safe.

If you would like more information please contact Anne Gover

MEN'S CHAT GROUP – NO MEN'S GROUP DECEMBER AND JANUARY.

There will be no Men's Group meeting in December and January. The group will resume in February 2023. Details will appear in December and January Newsletters/

Contact John Lucas for additional information.

MOVIE GROUP – TUESDAY 8 NOVEMBER 2022 10.30 AM



Sue and Ellen hope you can join them for "Mrs Harris goes to Paris" next Tuesday, 8 November at 10.30 am at Events Cinema, Castle Hill. There is no need to confirm, just turn up on the day.

Please arrive 10 minutes prior to the movie start so you can purchase your tickets and/or coffee and sign the attendance sheet. If you would like to join us for lunch at Cosmo Cafe, please let Ellen and Sue know on the day so they can book a table.

Please let Ellen know if you no longer wish to receive these emails.

If you would like to join the movie group which meets the 2nd Tuesday of each month at approximately 10.00 am at Castle Hill Events Cinema, please call Ellen Heyes.

Contact - Ellen Heyes and Sue Donnelly.

ONLINE TRIVIA QUIZ– FRIDAYS 11 AND 25 NOVEMBER 2022

It's great to see that we still have a steady number of regular participants in the online trivia quizzes. The quizzes will be circulated twice a month on the 2nd and 4th Friday of each month.

If you haven't had a go at the quizzes and would like to do so, simply follow the instructions in the email that Helen circulates on the relevant Fridays or email Helen to ask to be added to the circulation list.



Contact Helen Stafford-Osborne

TAI CHI FOR SENIORS – EVERY MONDAY – DURAL MEMORIAL HALL, DURAL



TAICHI is a gentle form of exercise which aims to improve BALANCE, FLEXIBILITY and MOBILITY. It also enhances coordination, thinking skills and general well-being.

The instructor specialises in training seniors and ensures that exercises cater for individual abilities.

Classes are held on Monday mornings from 9.30 am to 10.30 am at the Dural Memorial Hall Old Northern Road Dural. Sessions last for 8 weeks and payments are made in advance for the instructors fee and hall hire. The current session commenced on 26 September and will conclude on Monday 21 November 2022. Vacancies exist and anyone wishing to "try out TAICHI" can do so and pay \$15 per session until 21 November. There will be no TAICHI from 21 November 2022. Classes will resume in 2023 on Monday 6 February. Details regarding costs will appear in the December and January Newsletters.

Please register using the FLOKTU. Make payments to the Club's bank account.

(Please put your family name and TAICHI as the reference.)

Any queries please contact John Lucas. [If](#) you would like to join the group or need any additional information.

TENNIS GROUP – EVERY WEDNESDAY NIGHT

Wednesday tennis hasn't been well attended. Jan Motte from the Cherrybrook Probus Club has taken over till the end of the year. Most of our tennis players come from this Club.

Anyone who is interested in playing, please contact Frank, the coach and hire a court independently.



THEATRE GROUP – CONVENOR POSITION VACANT



There are no planned Theatre Group outings as we currently do not have a convenor. We now need someone to take over from Margaret Butfield so that future theatre opportunities can be identified and planned.

If interested, please contact Aldo Cantori by phone or by email.

WALKING GROUP – OCTOBER WALK – FRIDAY 18 NOVEMBER 2022

Location	Lake Parramatta Reserve Lake Circuit. Entry from Lackey Street off Bourke Street Parramatta.
Distance	4.2 Km
Grade	Grade 3, uneven rock and earth track + creek crossing, not too hard for regular walking group members
Meeting Time	9.30 am
Duration	2 hrs. This will not be a fast walk, we will take our time to ensure everyone is safe
Toilets	At the beginning of the walk only
Track Status	This track is only suitable for dry weather access. The walk may need to be cancelled at the last minute if there has been a significant amount of rain in the previous week.
Parking	In the reserve or at the Bourke St entry
Lunch	The Lake Parramatta Café in the reserve or the Northmead Bowling Club in Church Street Northmead. Decision can be made on the day
Essential	Good walking shoes. No open toed shoes or sandals.
Registration	You will need to advise me by email or phone if you intend walking. This will allow me to let you know in plenty of time if the walk has been cancelled.
Host	John Perry



WINE AND CHEESE – 4 NOVEMBER 2023

Please note: There will be no Wine and Cheese night in December.

The next Wine night will be next year in February 2023 and our kind hosts will be Peter and Gaye Wolnizer, thanking you in advance.

This event will now run every 2nd month

Our hosts for the November 2022 evening will be -Aldo and Karon Cantori
Time: 7pm to 9.30pm.



We will be having a limit of 20 guests for this venue. Please register with Julie Savage by phone, text or email.

Please ensure you have paid your \$5 to the Probus Account 2 weeks prior to the event.

Please bring your bottle of wine or wines and a glass with you on the night.

TOURS AND OUTINGS

DAY TOURS

Please note that many of the places we will visit in 2022 currently have a requirement that you are **double vaccinated for their bus tours. On Course currently require that you are double vaccinated.** This may change next year in light of Government Policies.

DECEMBER 4-5 – Hunter Valley Christmas Lights – 4-5 December, 2022 - \$495

Date: Sunday 4 December and Monday 5 December

Time: 8:10 am for a 8:30 am departure

Place: **The Showground Railway Station**

- Please note the **change of pick up** place. The committee felt that our vehicles would be more secure overnight there.
- A suggestion would be to bring raincoats/umbrellas and suitable walking shoes.
- No one has made me aware of any special dietary requirements.
-

FEBRUARY 2023 – SEAFOOD BBQ

Please give some consideration as to whether or not we continue having our annual Seafood BBQ towards the end of February. We have not been to West Head for three years. It is an enjoyable tour that is enjoyed by all that go on it.

It features a late lunch at the Seafood Markets., afternoon tea on the water, perhaps a visit to the Northern Beaches Bahai Temple, followed by a three course Seafood BBQ at West Head.

I will ask for expressions of interest re the Seafood BBQ at our November meeting.

Contact – Elizabeth Lessells

WEEK AWAY TOURS

Please note that On Course have advised that their policy for all trips is **DOUBLE VACCINATION. PLEASE BRING ALONG YOUR VACCINE CERTIFICATE TO EVERY TRIP.**

SILO ART TOUR AND THE GRAMPIANS – 20 TO 27 OCTOBER 2022

CANCELLED DUE TO THE FLOODING IN VICTORIA.

ADELAIDE AND PENINSULAS - Probable dates 24 September 2023 to 2 October 2023

33 names on the Expressions of interest list.

Deposit: \$600 February 2023

9 days and 8 nights. Brochures still not finalised

Flight: Sydney/Adelaide and return. Buses around Adelaide and Peninsulas.

Contact Colin Yates

INTERNATIONAL TOURS - POSITION VACANT

In order to consider future international tours, we need someone to take over as convenor of this group. If you are interested, please let Aldo Cantori know. Suggestions for future trips and cruises have been proposed by a number of members, however, for these opportunities to be investigated and planned, we need a new convenor.

DECEMBER GENERAL MEETING - TUESDAY 13 DECEMBER 2022
PLEASE NOTE THIS IS THE *SECOND* TUESDAY IN THE MONTH FOR *DECEMBER* ONLY

QUOTES

Never be afraid of trying something new. Remember that amateurs built the Ark but professionals built the Titanic. Author unknown

It is more honourable to fail than to cheat. Abraham Lincoln

The ability to listen to smart people who disagree with you is a rare talent. Ken Follett

SPOTLIGHT ON A MEMBER

This month we feature two of the club's members, Foundation Member and past President John Purkis and our Newsletter Editor Annette Watson. If you would like to be SPOTLIGHTED in a future edition of our newsletter, please send an email to our President, Aldo Cantori.



PROBUS SOUTH PACIFIC LIMITED

ACTIVE RETIREES™ – Friendship, Fellowship and Fun

**NOMINATION FORM FOR THE ELECTION OF
OFFICE BEARERS**

Probus Club Name: Combined Probus Club Castle Hill

ELECTION OF OFFICE BEARERS

Position

Name of Nominee (print name).....

Signature of Nominee

Proposed by (print name).....

Signature

Secoded by (print name)

Signature

COMPLETED FORMS TO BE RECEIVED BY THE SECRETARY BY:

Close of General Meeting Tuesday, 21 February, 2023