

**COMBINED PROBUS CLUB OF
CASTLE HILL INC.**



NEWSLETTER



VOLUME 20 ** ISSUE 195

**ALL CORRESPONDENCE SHOULD BE ADDRESSED TO:
THE SECRETARY, P.O. BOX 193, CASTLE HILL 1765
Email: enquiries@probuscastlehill.org.au
Website Address: www.castlehillprobus.org.au**

**SEPTEMBER 2020 - GENERAL MEETING CANCELLED
OCTOBER 2020 - GENERAL MEETING TO BE HELD BY ZOOM**

A MESSAGE FROM YOUR PRESIDENT – SEPTEMBER 2020

Firstly, may I, on behalf of all our club members, wish all those who have a birthday in September a very happy and rewarding day with friends and family.

The Club is now moving into the digital arena and we anticipate that more and more information, payments and communication will be via electronic media.

August seems to have been a relatively quiet month, however the Committee has been corresponding by Zoom and we are now going to conduct our October General Meeting by Zoom and future meetings if this is a success. We are still operating under COVID restrictions with Hornsby Council still not revising their requirements

Approximately one week prior to the meeting our host Michael Hofman will email instructions to all members. If you have no internet connection you will need to organise to have morning tea with someone who has if you wish to participate in the meeting.

Many of the Activity Groups are back in action for all to enjoy. We have also launched our inaugural The Lunch Club (TLC) at Fortuna Gardens in Winston Hills with great success. We have planned a Lunch Club outing for the next 6 months on the second Thursday of the month, so please keep your eye on the newsletter for details. The Wine and Cheese Group will also be resuming again in October with reduced

numbers to comply with COVID restrictions and there will be a picnic in the park on Monday, 21 September. Please read on for details of all these events.

As you can see there are a lot of activities you can participate in, remembering that Coordinators will operate under strict COVID regulations.

For the latest update on COVID restrictions visit www.nsw.gov.au/covid19 or [google covid19](#) **what you can and can't do under the restrictions**

We will continue to issue our e-newsletter with updates on club meeting resumption and activities within the club.

I hope all members will participate in planned events and stay well and healthy.

JOHN PERRY, PRESIDENT

CORONAVIRUS PRECAUTIONS

- You are advised to stay at home if you feel unwell or have flu-like symptoms, if you've recently returned from overseas or Victoria or if you've been in close contact with someone with coronavirus.
- Always abide by social distancing guidelines.
- Wash your hands frequently with soap and water or use hand sanitizer.

WELFARE

Our Probus Club is one which cares for its members particularly those who are unwell.

If you know of anyone who is sick or needing physical or moral support, could you please let me know, Anne Gover.

Spring is well and truly in the air. The wattle and blossoms are flowering and the deciduous trees are leafing up. Spring is invigorating and a good time for outdoor activities that are COVID 19 safe.

Hope you are enjoying the opportunity for a walk or sometime in the garden. Keeping in touch with our friends always bring joy so keep emailing and ringing each other.

Until then stay safe.

ATTENDANCE

Notification of absence not required during COVID-19 restrictions

GUEST SPEAKERS

A varied range of exciting guest speakers has been organised well into the future providing we hold a general meeting. Our guest speaker for the October Zoom meeting is Jennifer Philips from the Children's Medical Research Institute, who will present a video and speak about Gene Therapy - Exciting Times! Hosted by Tony Folland

COMMITTEE – 2020/2021

<p>PRESIDENT - John Perry</p> <p>VICE PRESIDENT - Barry Haywood</p> <p>SECRETARY - John Lucas</p> <p>TREASURER - Anne Lockwood</p> <p>IMMEDIATE PAST PRESIDENT - Lyn Wilkes</p> <p>(FOUNDATION PRESIDENT: Robert Stack)</p>	<p>MEMBERSHIP OFFICER - Glenys Pye</p> <p>INTERNATIONAL TOURS and CRUISES – Bob Tubman</p> <p>PROPERTY – Michael Hofman</p> <p>OUTINGS and DAY TOURS - Elizabeth Lessells</p> <p>WEEK AWAY TOURS - Colin Yates</p> <p>ACTIVITIES OFFICER – Barry Haywood</p> <p>GUEST SPEAKERS COORDINATOR - Anne Perry</p> <p>REFRESHMENTS OFFICER – Judy Pitcher</p> <p>SPECIAL EVENTS and PUBLIC OFFICER John Michell</p>
<p>NON COMMITTEE:</p> <p>NEWSLETTER EDITOR – Annette Watson</p> <p>WEBSITE EDITOR - Alan Watson</p>	<p>NON COMMITTEE:</p> <p>PHOTOGRAPHER/HISTORIAN - Ron Canfield</p> <p>WELFARE OFFICER – Anne Gover</p>



TLC

The Lunch Club

Our next lunch will be at River Canyon Restaurant
96 Phillip Street, Parramatta

On **8 October 2020** at **12pm for 12.30pm**

Currently attendance is limited to the **first 20 members** to register and pay until COVID restrictions are lifted when numbers will be increased

Our lunch will be:

Choose 1 dish + 1 drink (wine, beer or soft drink) + salad or garlic bread for the table

Select from: Penne Boscaiola; Crispy Fish & Chips Butter Chicken; Roast Beef & Mash; Bangers and Mash; Pumpkin Soup; Spaghetti Bolognese; Spaghetti & Meatballs; Penne Romano; Chicken Schnitzel; Thai Green

Chicken Curry; Vegetarian:

choose from Pasta with Vegetable Curry with Rice

(double click on the menu below)

Cost is \$20.00 pp - bar service but no BYO

Registration must be made by email to Anne Perry

and payment must be by direct debit to the Club's bank account to complete registration.

Please ensure you include code TLC and your Surname on the deposit.

Suggested parking for free at the Albion Hotel

Final date for payment 2 October 2020

Further information contact Anne Perry, coordinator



River Canyon
Menu.pdf

ACTIVITY GROUPS

These groups are established for your enjoyment. It's a great way to meet new people and make new friends. Our Coordinators are always very willing and happy to welcome new Members.

So do try to get involved when the restrictions are lifted.

BOOK EXCHANGE	Roger Atack	Ross Long	Cancelled
BOOK READING GROUP	Barbara Primrose	Kerri Pratt	28 September
BOWLS GROUP	Robert Cochrane		25 September 9 October
CARAVANS AND CABINS	POSITION VACANT		5 – 9 October
CRAFT GROUP	Carole Rock	Ruth Cocks	Cancelled
FISHING GROUP	Bob Tubman		13 October
GARDENING GROUP	Harry Koller		Cancelled
GENEALOGY GROUP	John Wilkes		9 September
GOLF GROUP	Brian Easton		7 September
MOVIE GROUP	Ellen Heyes	Sue Donnelly	Cancelled
SAPPS DINING OUT	John Michell		Cancelled
TENNIS GROUP	Harry Koller		Cancelled
THEATRE PARTIES	Margaret Butfield	Carol Kelly	Cancelled
WALKING GROUP	Aldo and Karon Cantori		19 September
WINE AND CHEESE GROUP	Julie Savage		2 October
THE LUNCH CLUB (TLC)	Anne Perry		10 September 8 October

BOOK READING GROUP – MONDAY, 28 SEPTEMBER, 2020 - 2.00-3.30 PM

The book reading group meets at the Cosy Nook Cafe, 1 Ward Place, Round Corner, Dural.

In August we discussed 'Love Anthony' by Lisa Genova. This sensitively told story focuses on Anthony, an autistic boy, and the two women closest to him: his mother Olivia and her friend Beth, who writes a revealing book based on his life. If this scenario sounds grim, it isn't. Like life, it's full of love, humour, setbacks, sorrow and hope. The author skilfully relates the activities and attitudes of these three people, as they interact with each other, and with their friends and families. We found that the book gave us a greater understanding of autism, and we rated it 8 out of 10. (This represents the average of our individual ratings.)

In September we will discuss 'Where the Crawdads Sing' by Delia Owens. We are a small but enthusiastic group, and other Club members are always welcome to join us.

BOWLS GROUP – FRIDAYS, 25 SEPTEMBER AND 9 OCTOBER, 2020 - 9.00 AM

Welcome to Bev Rooney to her first trial of Lawn Bowls on 14 August under the expert guidance of Clive Neideck!

Next Social bowls for Probus members will be 25 September and 9 October. Please have names in by 9.00 am at Castle Hill Bowling Club. New bowlers are always welcome and free coaching and bowls are available for you to try the game first.

CARAVANS AND CAMPING

** We are still looking for a Convenor - why not try something new?

In the meantime Kevin Woods and Alan Jones have arranged our next group trip. The Caravan and Cabins booking at Mudgee Caravan Park remains in place for 5 October to 9 October, currently with 26 members registered. Please contact Kevin Woods if you are interested in booking this trip.

Due to Government Regulations, all of the country venues, i.e. clubs, wineries and places of interest that we will attempt to fit in, have limits on the number of visitors at one time. This is why we will be asked to break into smaller groups of maximum 10 members.

CRAFT GROUP

The group consists of 9 members, however, due to COVID restrictions there are no meetings at this time. On return to normal we welcome more members

FISHING GROUP – TUESDAY, 13 OCTOBER, 2020

The Probus Fishing Group endeavour to catch a variety of fish using our expertise and knowledge on the second Tuesday of each month. We always look forward to and welcome new participants.

We plan to have a fishing trip to Brooklyn on Tuesday, 13 October, subject to meeting current Covid-19 requirements. There will be a light lunch at the Mooney Mooney Club afterwards.

GARDENING GROUP

Due to Covid-19 there have been no changes. The Gardening group is too big to be hosted safely and legally anywhere under present restrictions.

GENEALOGY GROUP – WEDNESDAY, 9 SEPTEMBER, 2020

A return to meetings in August welcomed 17 members to Crestwood to enjoy the presentation by historian, Judith Dunn to hear stories of local “Horrible Histories”.

Our September activity is the Castle Hill town Centre and historic precinct walk with local identity and presenter, Pam Wilson. The tour starts at the restored railway clock near the Metro station (Arthur Whitling Park) at 10.00 am on **Wednesday, 9 September** – duration 2 hours and cost \$5.00. Please remember to wear good walking shoes, a hat, sunscreen and face mask and carry a drink bottle. Hand hygiene and social distancing are a requirement with limits in groups of 10 – please confirm your participation to me by phone or email.

On 14 October, 2020 at the Crestwood Community Centre, we have the distinguished historian and writer, Dr James Dunk from Sydney University to talk on the “Bedlam at Botany Bay – early lunacy in fledging NSW”. We have access to 2 rooms allowing up to 45 guests/members to attend.

GOLF GROUP – MONDAY, 7 SEPTEMBER, 2020

The Golf season along with other activities have really been hampered for one reason or the other. The next Game is provisionally booked 7 September and is booked to be at Muirfield. Start of play am to be confirmed. Players to confirm interest with me and indicate who wants a buggy cart.

Please meet at the entrance of the pro shop before start. PS: The Muirfield Golf Professional has asked for player names pre the game (COVID). I will readvise all interested golfers by email in the next week or so.

TENNIS GROUP

The Tennis group is being convened by Harry Koller as a Non Probus Tennis group, in which players sign to take responsibility for their health, though practicing social distancing and hand washing etc. It is good to know that Mike Butcher is playing tennis again, after his recent ill health.

WALKING GROUP – FRIDAY, 19 SEPTEMBER, 2020 – 9.30 am

NURRAGINGY RESERVE DOONSIDE

This is a beautiful walk through Chinese gardens, open parkland and native forest. We meet at 10.30 am at the kiosk area adjacent to the main parking area. The entry is from Knox Road, opposite Cross Street. Turn right at the roundabout and continue on to the parking area on the left. Details of the Reserve and its facilities can be seen at the web site below. The walk is approximately 5.5 kilometres long and will take about two hours. It is a flat walk on paved areas and some bush tracks that are a bit gravelly. There are toilets throughout the Reserve at the various points we will pass and we will stop for a rest and BYO morning tea. **Due to the Covid-19 virus restrictions, there are some special limitations to this walk.**

Firstly, as this would be classified as an “outdoor event”, our numbers are limited to 20. If there are more than 20 people interested, we will need to decide the walkers on a first in basis.

Secondly, the kiosk is now only offering takeaway meals, so we are not able to book as a group and sit at the one table. However, there is plenty of nearby seating which is spread out so that we can maintain social distancing.

<https://www.blacktown.nsw.gov.au/Sport-recreation/Parks-and-recreation-directory/Nurragingy-Reserve>

The leader for this month’s walk is Neil Gover, please email him by 11 September if you would like to participate.

- Please bring sun hat, sunscreen and a bottle of water.
- Please bring medical cards with you on the day

WINE AND CHEESE – FRIDAY 2 OCTOBER 2020

Will hold its first get together since March. We will be operating under strict COVID regulations meaning there will be a limit of 20 members. However, we will have a reserve list and if there are enough members on the reserve list, we will organise another group at another venue simultaneously.

The first group will be hosted by: Anne and John Perry

You will need to register with the coordinator Julie Savage.

Please bring your \$5 and a glass with you on the night.

The second group will be advised if there are enough numbers. Further information is available from the coordinator Julie Savage.

WEEK AWAY TOURS – COLIN YATES

RED CENTRE 2021

On Course have advised the Red Centre Tour will be from 16 to 22 June 2021.

Cost \$3565 subject to any airfare changes. Single supplement \$810.

We have nine members who have put their names down. If you are interested please let me know. There is no payment required at this stage.

COFFS HARBOUR 2021 - At this stage no dates have been put forward for the 2021 Coffs Harbour trip.

INTERNATIONAL TOURS – AUGUST 2020

SOUTH AFRICA TOUR – TENTATIVELY RESCHEDULED FOR APRIL/MAY 2021

Refunds have been received from vendors except for the Zimbabwe component. Travellers have now been advised to seek the balance from their travel insurers.

Tentative dates are being discussed for a rescheduled tour around April/May 2021.

MAURITIUS TOUR –TENTATIVELY RESCHEDULED FOR JUNE 2021

The Mauritius Tour in 2020 has been cancelled and full deposit refunds have been issued to participants. This tour has been tentatively rescheduled for June 2021.

BREAKFAST IN THE PARK - POSTPONED TO JANUARY 2021 - TO BE CONFIRMED

DAY TOURS – MONDAY, 21 SEPTEMBER, 2020

PICNIC, MACQUARIE PARK WINDSOR

COVID-19 has certainly disrupted the Day Tours aspect of Castle Hill Probus. Considering the restrictions that are currently in place our choice of outings are limited. I hope that you like the following concept.

Time:	11:30 until 3:00 (Or until you are ready to go home.)
Cost:	Nil (It's provide your own transport, food, drink etc.)
How to get there:	I suggest that you car pool where possible.
Meeting place:	Macquarie Park Boat House Café

Points to note:

- Travelling via the A2, it takes approximately 30 minutes from Baulkham Hills. Upon reaching Windsor shopping centre, go through the roundabout, cross over the bridge and the entrance to the park is on the left.
- You will need to register by email by Friday, 18 September if you intend to come. Please email Elizabeth Lessells who will also need your phone number.
- Once you arrive, please find me and sign in the usual way.
- There is a [café/fish and chip shop at Macquarie Park](#).
- Toilets are available.
- There is some seating available. I suggest, however, that you bring a portable table and chairs if you have them and whatever else you think that you will need for a picnic.
- Can you let me know if you are coming please?

Currently, we are allowed 20 people in a group. If we have more than 20 people attending, I will have to split members into the appropriate number of groups. Unfortunately, the groups will have to be self-contained in line with the current COVID 19 restrictions.

“(Can I have a picnic during COVID-19? Yes, so long as there are no more than 20 people in total if they are from different households.

Remember to maintain physical distancing and get tested and stay home if you are unwell.)”

<https://restaurantguru.com/Macquarie-Park-Cafe-Windsor-New-South-Wales/menu>

NEXT GENERAL MEETING – 20 OCTOBER VIA ZOOM

COMBINED CASTLE HILL PROBUS CLUB – CALENDAR



September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 MANAGEMENT COMMITTEE MEETING	2	3	4	5
6	7	8 FISHING GROUP	9 GENEALOGY MEETING	10 THE LUNCH CLUB	11 BOWLS GROUP	12
13	14 GOLF GROUP	15 PROBUS MEETING CANCELLED	16	17	18 WALKING GROUP	19
20	21 PICNIC AT MACQUARIE PARK WINDSOR	22	23	24	25 BOWLS GROUP	26
27	28 BOOK GROUP	29	30			
		Notes SEPTEMBER SCHOOL HOLIDAYS – 28 SEPTEMBER (MON) TO 9 OCTOBER, 2020 (FRI)				

COMBINED CASTLE HILL PROBUS CLUB – CALENDAR



October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 WINE AND CHEESE	3
4	5 LABOUR DAY	6 MANAGEMENT COMMITTEE MEETING	7	8 THE LUNCH CLUB	9 BOWLS GROUP	10
11	12 GOLF GROUP	13 FISHING GROUP	14 GENEALOGY MEETING	15	16 WALKING GROUP	17
18	19	20 PROBUS MEETING VIA ZOOM	21	22	23 BOWLS GROUP	24
25	26 BOOK GROUP	27	28	29	30	31
		Notes				