



Combined Proboscis Club Castle Hill Inc.

General meeting: 16 August 2022

Open Meeting: - 10.00am

AGENDA

- **WELCOME: Chairperson: - John Perry**

Welcome, everyone to our August general meeting. A special welcome to our guests today and I hope you enjoy and remember our General Meeting hoping it may inspire you to join our friendly, active club.

HOUSEKEEPING

- **Housekeeping** – Make sure you know where exits, evacuation procedure, assembly point, toilets, signing out in book with time if leaving early (WHS compliance), is located on the table just inside the hall door. Move back to seats quietly and quickly when asked.
- **Medical Cards** – members are reminded to bring them to ALL Proboscis activities. Cards are available from the Secretary if you haven't got one.
- **Mobile Phones.** Please turn off.
- **Lunch** – we will be attending the West Pennant Hills Sports Club for lunch after the meeting but you **MUST** have advised of your attendance when signing in. If you wish to come to lunch and haven't advised of your attendance, please see Lyn Wilkes at morning tea to prevent confusion.
- **Coronavirus** – cautionary note - use the sanitiser and sanitiser wipes, move away from food tables once you have your morning tea. Obey social distancing where possible. Masks are not mandatory but advisable.

ANNOUNCEMENTS

- **August Birthdays** – Happy birthday to all those having a birthday in August – a full list is in the newsletter and on the notice board.
- **August Walk** – There will be no walk in August. The September walk will lead by Jenny Wilson – refer to Jenny for details. Anne & John Perry will be away in October, so he is calling for another member of the walking group to organise a walk for October. We are also extending thanks to Viv Wilson who is taking over the position of coordinator of the walking group, taking that responsibility away from Aldo.
- **Update on Aldo** – When Aldo was away in Fiji on holiday, he was taken ill with stomach pains. On his return to Australia, tests revealed that he had cancer of the duodenum that necessitated hospitalisation straight away. Aldo was admitted to hospital immediately & underwent a 10-hour operation to remove his duodenum, his gall bladder, part of his stomach & part of his pancreas which was performed by key hole surgery, done by 5 small

incisions. The surgeon was pleased with the result & he spent 11 days in hospital. He is now at home being recuperating with his beautiful wife & nurse Karon.

Aldo is hoping to return to Probus in October, & in the meantime John Perry will act as President. We wish him a full & speedy recovery.

- **Vice President** – Ordinarily the Vice President would step in to the role of President in times like these, but to complicate matters Celia Kerr, our President Elect for 2023, has accepted a permanent position of work that was too good to refuse, leading to her resignation from the committee effective 2nd August 2022. This leaves us with a very important committee vacancy which must be filled very soon as it is now September, & the Vice President must be familiar with the way the club operates & be prepared to take over from Aldo in March next year. This position will be appointed by the committee immediately. John would appreciate a nomination today. Other vacant roles are the Theatre Party Coordinator & the International Tours Coordinator & a few others coming up in March next year.
- **Future Committee & General Meetings** – Your committee held an extraordinary meeting & decided on a succession plan whilst Aldo is recovering. Aldo agreed to this succession plan last night. This plan is quite fluid to suit any occasion that may arise. John Perry will chair all committee & general meetings until March 2023 or up to a point where Aldo feels he is able to return, except the September 2022 committee meeting which John Michell will chair. John reiterated that there was an urgent need to fill the position of Vice President.
- **Club Closures** - A meeting at Probus South Pacific revealed that 2 clubs had closed due to inability to fill positions.

- **Refunds for pre-paid events**

I want to reiterate that if you have paid in full or paid a deposit for an event then:

- 1 Refunds will only be made if you notify the Convenor prior to the Treasurer making a payment to the providing organization. There can be no exceptions.
- 2 If you notify the Coordinator after the Treasurer has made the payment to the providing organization there can be no refund.
- 3 If you are not entitled to a refund, you can on sell you tickets to another member.

- **SECRETARY'S REPORT:** – Bev Rooney

- Today's meeting: Present: 121; Apologies: 35; Leave of Absence: 10; No contact: 14; Visitors: 4
Phil & Elizabeth Murphy, Malcolm Chalmers & Marianne Leicher.

Correspondence In:

- Letter of Resignation from Celia Kerr regarding her resignation from the position of Vice President, as of 2/8/2022, due to an unexpected offer of a position. – Mentioned by John.
- Reminder for Committee Members to attend Probus interclub Zoom Conference on 12/8/2022. This was a valuable conference with suggestions that will be documented & made available to our club soon.
- Minutes of the July Meeting are on the Notice Board for your review.
- Have a lovely rest of your meeting.

- **TREASURER'S REPORT:** - Anne Lockwood – has a sore leg & therefore she has placed the report on the notice board for all to read.

- **INDUCTIONS:**

Paul and Joyce March were inducted by John to take part in fellowship, friendship & fun.

- TALK on TAICHI and MENS' GROUP:** John Lucas – all details in Newsletter.
 John described Tai Chi as a gentle form of exercise aiming to improve balance, flexibility & mobility. This is very important as we age, enhancing coordination general wellbeing & thinking skills. The instructor caters for seniors & ensures that the exercises cater for individual abilities. Classes are on a Monday morning from 9.30am to 10.45am at the Dural Memorial, Old Northern Rd, Dural running for 8 weeks at a cost of \$115.00 payable in advance & the current session finishes on 19th September. There are currently 5 vacancies. Members have approached regarding the possibility of attending individual classes to see whether they would like to continue. Over the next 5 meetings John is prepared to offer a deal for the remaining 5 weeks of \$15 per session. Please see John at morning tea to organise.
 Re the Men's Club, meetings are held on the first Wednesday of the month & are mostly at the Tavern in Victoria Rd, Castle Hill, opposite the men's favourite shop, Bunnings. Pool & enjoyed, followed by lunch. Program for the next 3 months:
 7/9 Meeting at the Tavern at 10.45am.
 5/10 Meeting at the Australian Brewery, with sampling included.
 2/11 Guided Tour of the Anzac Mosque at Auburn followed by lunch at Dooley's.

John Perry said that these 5-minute activity group chats have been introduced.

ACTIVITY REPORTS

| Committee reports | Coordinators |
|---------------------|--|
| Week away tours | Colin Yates – absent today, wanted John Perry to emphasise that the Silo Art Tour pick up time 6.30am at the Pines. Balance due from 14 travellers is: Double \$3500; Twin \$1750; \$2245 cleared funds by 20/10. 4 Car parking spaces are available at the Pines. Please contact Colin. For 2023, expressions of interest are: Sunshine Coast & Fraser Island. 3. Feb, 3 people are interested. Adelaide Yorke and Eyre Pen. Sep-Oct 9 people interested. |
| Special events | John Michell-referred to the very successful Christmas in July at the Fiddler. Crazy Whist 28/9 in the Red Gum Room, run by Jenny Wilson-\$10 per head. Bring nibbles & drinks, 7pm for 7.30pm. Numbers low so please register with Anne Lockwood. Our Christmas Party on 29/11 at the Epping Club at 12pm. Breakfast in the Park 10/1/2023. |
| International tours | VACANT |
| Theatre Outings | VACANT |
| Day Tours | Elizabeth Lessells-This Friday we are off to the <u>Quarantine Station</u> . Please meet at Fred Caterson Car Park & ensure that you wear appropriate shoes |

| | |
|---------------------|---|
| | & carry a jacket; <u>Bare Island, La Perouse, Botany Bay & Southern Beaches Tour</u> on 13/9/22. Cost \$82 due 2/9/22; <u>Seven Islands Cruise</u> on 11/10/22. Cost \$90 due 7/10/22 Fish & Chip Lunch on board; <u>Melbourne Cup Lunch</u> at the Fiddler on 1/11/22. Cost \$69; <u>Hunter Valley Lights</u> on 4-5/12/22. Cost \$495 + Single supplement \$75. |
| Activity groups | Chris Savage-Absent-Activities as per Newsletter. |
| Cabins and Caravans | Sue Donnelley- Absent-Details as per Newsletter. |

GUEST PRESENTER – Our guest speaker today is Mick Barnes from Castle Police

Host- Barry Haywood

Mick has worked in the Police Force for 22 years & is now a Police Liaison Officer.

Mick introduced himself as the Vulnerable Persons Officer. Castle Hill is the strictest Domestic Violence response in NSW.

Home Security is important & a few basic things will protect it. Keep hedges trimmed low. Keep outside of home well lit.

Ensure when driving to make sure others are aware of your destination. Travel on main roads is safer than travelling on back streets.

Frauds & scams are impacting at least twice a day in this area. This discussion took up the rest of the meeting.

Close Meeting: - 10.30am

Morning Tea

Recommence: 11.00am

Guest Speaker: Mick Barnes from Castle Police

Closing Comments: Barry thanked the speaker for attending & presented him with a gift card.

Next Meeting: Tuesday 20 September 2022

Guest Speaker: Adam

Topic: Exercise & Health Care

Host: Barry Haywood

Close Meeting: - 12 Noon

Chair- John Perry

Secretary- Beverley Rooney